



Registered Charity No. SCO46868

## **Code of Conduct and Guidelines for Athletes**

### **Objectives of the Club**

The primary role of the Club is the promotion of and instruction in the skills of swimming and water polo in a safe environment. In order to achieve this, the Club will ensure that:

- All training sessions will be staffed with coaches/ teachers qualified and licensed to the relevant SASA standards.
- The safety and wellbeing of members whilst in the care of the club is the foremost consideration.
- Athletes are taught the correct techniques for the sport - relevant to their level of ability.
- The Club will provide opportunities to swim in competitive galas or play in competitive matches where possible again relevant to their level of ability.

### **Code of conduct**

All athletes should: -

- Have a positive commitment to training.
- Aim to be ready for training 5 minutes before the start of the session.
- Always demonstrate appropriate behaviour .
- Support and encourage other athletes (especially younger athletes).
- Always emphasise fair play.
- When requested, help to return all training aids to the storage room.
- At all times behave in a manner befitting the good name of the club.
- Not act in a manner which may cause injury to themselves or others.
- Follow and adhere to all aspects of the Scottish Swimming Mobile Phone Policy (Found on the following link <http://www.scottishswimming.com/media/1770651/28-Acceptable-Use-of-Mobile-Phone-Policy-v3-February-2015.pdf> )
- Photographs/videos must not be taken on mobile phones, even as a prank.

### **Behaviour and Discipline**

The coach/teacher in charge of the training session (swimming, water polo or land training) is also responsible for the safety and discipline of that session. It is important that all athletes follow the instructions of the coach in charge of each training session.

If the coach has concerns about the behaviour of any individual in a session regarding the disruption of the activity or actions which may put the individual and/or others at risk, he/she will in the first instance request that the concerning behaviour ceases immediately.

If this request is disregarded and the disruptive behaviour continues, the request to cease will be repeated with the added warning that if the behaviour continues the individual will be asked to leave the training session.

Continued disruptive behaviour will then result in the individual being asked to leave the training session. The activities of the session will cease until the individual leaves the training area. However, if the individual is under the age of 16, they will be asked to remain on poolside until someone arrives to collect them.

At the close of the session, the coach will then have a further conversation with the individual concerned in an attempt to resolve the matter. At this stage the individual maybe suspended from the club's activities pending the next stage of investigation, where the following actions will take place:

- The President, or a deputising club official, will conduct an investigation into the alleged breach of the Club's codes of conduct as they see fit and all persons and parties shall cooperate fully with the same. Failure to co-operate may amount to misconduct.
- The Investigating Club Official shall thereafter be entitled at any time to decide to:
  - a) Apply a sanction to the person(s) being investigated
  - b) Refer the matter to a Club Complaint panel
  - c) Take no further action
  - d) Pursue an alternative resolution, which may include Mediation, Arbitration or Conciliation.

The Club will keep a record of each stage of the disciplinary process.

### **Competitions and Team Selection**

Our Club exists to train athletes to compete at the highest possible level. The coaches, who are all volunteers, invest a huge amount of time and effort to improve and develop our athletes and expect that this commitment to be returned by the athletes. Therefore, if selected to compete in a suitable competition, athletes should make every effort to do so. By signing this application form, athletes are agreeing to compete where selected in appropriate competitions.

Teams selected for League galas are selected by the Head Coach (or his nominated representative). Those chosen will be notified no later than 7 days before the date of the competition if possible. **If selected, every effort must be made to attend, remember this is a TEAM event.**

If unable to attend you **MUST** notify the coach **as soon as possible** in order that a replacement can be identified. Replacements **may not** get 7 days' notice.

It is strongly recommended that Club kit be worn at all competitions and galas.

### **General Notes**

All Club policies including Wellbeing and Protection, Codes of Conduct and Disciplinary procedures can be located on the Club website.

If you have any concerns regarding training matters, you should contact the coach concerned in the first instance. If you are not satisfied with the response, please contact any committee member.

Any other matters concerning your child's well-being at the club should be addressed to the Wellbeing and Protection Officer.

I agree to the above Code of Conduct and will always try to represent the club in a responsible manner.

I **do/do not** give my permission for photographs to be taken at appropriate events and for marketing purposes i.e. Facebook, Club's Website **:( Please delete which applies)**

**Athlete Name (print name and sign):**

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(Parent's signature please if the athlete is under 12 years old)

**Date:** .....